



 AVAILABLE ALL DAY

LUNCH MENU

served daily from 11am Monday - Friday & from 12pm Saturday - Sunday

GRILLED SANDWICHES

Cheese Toastie — \$13 
sourdough, cheddar, side of tomato jam
add fried egg \$2.5

Beet & Goat Cheese Toastie — \$13.5
sourdough, herbed goat cheese, roasted beets

Ham & Cheese Toastie — \$14 
sourdough, ham, cheddar, side of tomato jam
add fried egg \$2.5

Seasonal Toastie — \$14.5
sourdough, farm veggies, cheese

SANDWICHES

Market Sandwich — \$14
sourdough, red lentil hummus, seasonal veggies, pickled slaw, kale pesto {vegan}

Chicken Sandwich — \$14
sourdough, buttermilk roasted chicken, aioli, greens, slaw

Ham + Maple Apple Sandwich — \$14
sourdough, thinly sliced ham, maple roasted apple, arugula, gouda cheese.

Pumpkin Paté Sandwich — \$14
sourdough, pumpkin paté, greens, aioli, jalapeño havarti

Tomato Glazed Meatloaf - \$14
sourdough, meatloaf (contains gluten), jalapeño havarti, greens, tomato jam, mayo dijon

Daily Panini — \$14
ever-changing on sourdough focaccia

BOWLS & SALADS

Soup — \$7.5 | \$10
ever-changing, served with sourdough toast

Grazing Bowl — \$17.5 
glory bowl of grains & veggies, red lentil hummus, egg, feta, dressing

Field Salad — \$16.5
the field's best, dressed to impress, served with sourdough toast

Half + Half — \$17.5
half soup, half salad, served with sourdough toast

BURGERS

Barnyard Burger — \$22
beef & pork patty (contains gluten), gouda, aioli, red salsa, greens on a toasted brioche bun served with paprika greens

Veggie Burger — \$21
chickpea pumpkin patty, kale pesto, red lentil hummus, grilled beet, halloumi, greens on a toasted brioche bun served with paprika greens

Add to any Burger/Sandwich

12 oz Soup — \$6.5
Field Salad — \$8

KIDS

Kids Picnic Plate — \$8
sourdough bread, ham, gouda, seasonal fruits and veggies, chips

Sub Gluten-Free Toast — \$1.5

Not all of our ingredients are listed. Please notify staff of any allergies or restrictions before ordering.